



Anamika Borman

HYPNOTHERAPIST

Cell: 022-400-9211 | Email: upgradehypnosis@gmail.com

Site: www.upgradehypnosis.com | Insta: [@upgradehypnosis](https://www.instagram.com/upgradehypnosis)



WHAT WOULD YOU UPGRADE ?



weight control | phobias | anxiety | ADHD | creative block | confidence

relationships | performance | sleep | healthy habits | motivation

make anything possible